

Practical Provincial Guide / Map







Founded by the **Tartessians** and

the **Phoenicians** more than 3,000

years ago, Cadiz has seen the

passing of numerous cultures

## **Handicrafts**

## **Festivals and Traditions Gastronomy**



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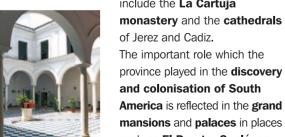
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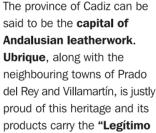
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Ubrique" stamp of quality. Another type of craft which is becoming much scarcer is the art of textile making using a traditional loom but in Grazalema it is still possible to buy the

famous **blankets and ponchos** which are made by hand using high quality wools. Other crafts which continue to be important, particularly in Jerez, are coopering, and saddle making. Cane, reeds, and wicker are still used by artisans in Medina

Sidonia, Setenil, Bornos and Vejer, whilst in Paterna and Torre Alháquime palm leaves and esparto are transformed into baskets and shoes.

Musical instruments such as **bagpipes** and **guitars** are hand made in **Gastor** and **Algodonales** whilst **Arcos** and **Conil** are still important for **pottery** and **ceramics**.



(Easter Week, the many pilgrimages, Corpus Christi...) reflect some the equestrian culture, whilst demonstrating the generous hospitality

As well as these typical fiestas the province hosts a wide range of prestigious cultural events



throughout the year including the Alcances Muestra Cinematográfica del Atlántico in Cadiz, or the African Cinema Festival in Tarifa. Other art forms including theatre, dance, and music also have an important role to play and the "A orillas del Guadalquivir" classical music festival in Sanlúcar de Barrameda is just one example.

Flamenco has special relevance in Cadiz particularly since it was the birthplace of important styles such as bulerías, tanguillos or peteneras, as well as leading figures such as Camarón de la Isla, José Mercé, and Manolo Sanlúcar, As a result, the province offers a whole range of festivals where authentic flamenco styles can be appreciated to the full.



prawns from Sanlúcar. Nevertheless, the **produce of the Sierra** also plays its part and notable products include the well-known **payoyo cheeses** and the **cured meats** such as the black pudding or the choricitos produced in El

murex, and the celebrated king

The province's **most typical dishes** include: **caballa asada con** 

piriñaca, urta a la roteña, dorada a la sal, ajo caliente, berza con tagarninas, tortillitas de camarones... Also worthy of mention is the bienmesabe, a special dressing prepared with vinegar which is used to marinate fish. The Arabic tradition combines with that of the convents in the typical pastries,

with sweet delicacies such as the tortas chiclaneras almendradas, the alfajores produced in Medina Sidonia or the turrón from Cadiz. The famous local **wines**, which are protected by the **Jerez-Xeres-**Sherry and Manzanilla de Sanlúcar Denominations of Origin, include products such as Fino, Amontillado, Oloroso, Moscatel, and



# Cádiz

#### The Route of the Bulls

The Route of the Bulls is an invitation to get to know something of the life of this noble animal in its natural environment, and to learn about the selection process which keeps the breed alive. The route begins in **Jerez de la Frontera**, passing through the **Campiña** and ending up in the Campo de Gibraltar. The villages and towns which go to make up the itinerary are Paterna de Rivera, Medina Sidonia, Benalup-Casas Viejas, Alcalá de los Gazules Los Barrios, Castellar, Jimena, San Roque and Tarifa and along the way it is important to visit one of the many **bull breeding farms**. This is the perfect complement to witnessing one of the numerous corridas which are held in legendary **bullrings** such as that of El Puerto de Santa María or even in the **streets** in some



#### The Wine Route

of the villages.

On this route we pass through Jerez de la Frontera, Sanlúcar de Barrameda and El Puerto de Santa María focusing on the unusual landscape of the vineyards, the monumental

architecture of the bodegas, and the unique crianza system which is used in the maturing process of the most important wines: finos, amontillados, olorosos and manzanillas. Other wine producing areas in the province include Trebujena Chipiona, Rota, and Chiclana, as well as some of the towns in the sierras such as Arcos or



## The Equestrian

Cadiz is possibly the Spanish

province with the strongest link nism. In fact, Jerez de la Frontera could justifiably call itself the capital of the Spanish horse world thanks to the huge number of **livestock breeders** and **stud farms** which are based there. It also hosts numerous events dedicated to the equestrian world including: the annual **Feria del Caballo**, which has been declared a Fiesta of International Tourist Interest; the Equestrian Parade; and the Ancades International Show Jumping Competition, which is part of the Fies-tas de Otoño. Jerez is home to the Royal Andalusian School for the Equestrian Arts and in 2002 it hosted the World Equestrian

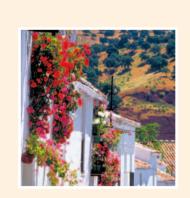
Games. Other places which play an important part in the equestrian world include: Sanlúcar de Barrameda, with its yearly races on the beach; the Dehesa Monteenmedio complex in Vejer; and Caños de Meca.



#### **The White Villages**

History, culture, tradition, gastronomy, crafts and the natural environment all have

their place in this route based in the Sierra de Cádiz. The picturesque white painted villages share the typical architecture of steep, narrow, zigzagging streets whose fountains and flower-filled balconies reflect their Andalus past. Along the route it is also possible to see vestiges of ancient prehistoric cultures and various **Roman remains**. This route features the municipalities of Alcalá del Valle, Algar, Algodonales, Arcos de la Frontera, Benamahoma, Reminders of Spain's great Benaocaz, Bornos, El Bosque, adventure in South America are El Gastor, Espera, Grazalema, to be found in various parts of Olvera, Prado del Rey, Puerto Serrano, Setenil de las Bodegas,



Torre Alháquime, Ubrique,

Villamartín, and Zahara de la

Villaluenga del Rosario,

From the mouth of the river Guadalquivir, in Sanlúcar de Barrameda, to the Punta de **Europa**, in **Algeciras**, the coast of Cadiz is bathed by the clear waters of the Atlantic. A landscape of marshes and salt water lagoons alternates with areas of Mediterranean woodland and steep cliffs where the pine trees almost meet with the sea. The route begins in the spectacular surroundings of Sanlúcar de Barrameda overlooking the **Doñana** nature reserve, before passing through Chipiona and Rota, with their



typical fishing corrales, and

then reaching the Bay of Cadiz

Around the bay are fascinating

historic towns and cities such as El Puerto de Santa María

or Cadiz itself, and villages full



#### The Route of the Americas

the province. Sanlúcar de Barrameda and El Puerto de Santa María for example offer the visitor a series of palaces, fortresses, towers, and **churches** which owe their origins to Columbus' voyages on the high seas, many of which began and ended in these ports. However, without doubt, it is the city of Cadiz itself that most reflects this South American influence. A stroll along the **seafront** from La Caleta to Campo del Sur, evokes the image of the famous beachfront in Havana, Cuba, and there are many similarities with other South American cities thanks to the constant to and fro of people between Cadiz and the New World. The **Cathedral** is a good example of this influence, as are the various **palatial houses** and the **look out towers** which were built in what was once the ancient *Gadir* during the Latin American expansion.



# **Coast Route**



including the Visigoths, Romans, and Moors. The legendary Gadir was founded around 1100 BC, making it the oldest western city. Although the **Romans** left their mark in places such as **Baelo** Claudia in Tarifa, and Carteia in San Roque, cave paintings such

as those of the "Tajo de las Figuras" in Benalup or the **sarcophagi** on display in the Museum of Cadiz are proof of the presence of much earlier cultures. The **Moors** took Cadiz in **711** and it remained under their control

until the second half of the 13th century, when **Alfonso X the** Wise, re-conquered the city and annexed it to the Kingdom of Castile. During this period the province was populated with numerous castles, towers, and fortresses, some of which can still be seen today on rocky crags, such as those in **Zahara de la Sierra** and Olvera, or scattered along the coast in towns like Tarifa or Chiclana. In terms of **religious architecture**, buildings which stand out

> include the La Cartuja such as El Puerto, Sanlúcar, and Cadiz.



Other craft products include the  $\ensuremath{\text{handmade}}$ dolls made in Chiclana, country-style boots in Alcalá de los Gazules and **Espera**, and wooden chairs and other furniture in Benamahoma and Prado del

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ZAHARA DE LA SIERRA - Corpus Christi

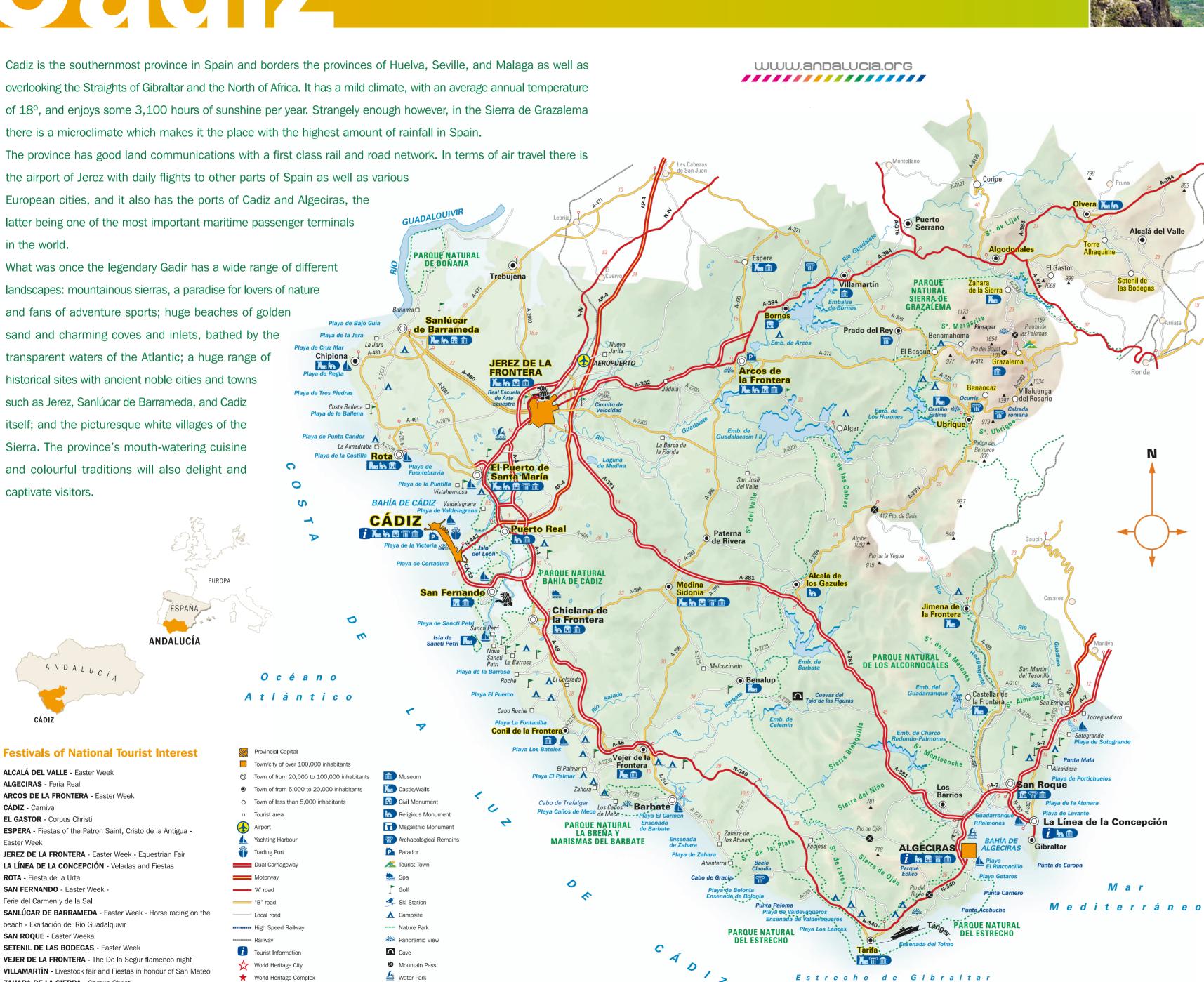












Zoo

Arcos Town declared of Monumental Interest

#### **Nature and Active Tourism**



The province of Cadiz boasts a wide range of **different** landscapes of great ecological importance, as is well demonstrated by its six nature parks: the Sierra de Grazalema (declared a Biosphere Reserve by UNESCO); the Los

Alcornocales, Del Estrecho, Bay of Cadiz, and La Breña

y Marismas del Barbate parks; and last but not least, the areas surrounding the Doñana nature park.

Woodland with cork trees, pines and Spanish firs (the latter a survivor of the melting of the glaciers in the Tertiary Age to be found in the Sierra de Grazalema) are home to a rich variety of wildlife, including colonies of griffon vultures, storks, imperial and booted eagles, falcons, and eagle owls. There are also numerous animals such as

deer, roe deer, otters and mongoose, and just off the coast it is common to see large marine species such as whales and dolphins.

Despite all this there is no doubt that probably the most important natural resource of

the province is its **beaches**. Along the **260 km of coastline** there are numerous unspoilt beaches of fine golden sand, small coves, and dunes, as well as well-planned developed area, all of which

are bathed by the transparent

waters of the Atlantic. Apart from the undoubted



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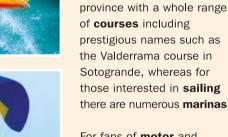
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natural attractiveness of all these areas they also offer a whole range of sports and open air activities such as windsurfing, kite-surfing, diving, swimming, hang gliding, potholing, fishing, walking, horse riding...





For fans of **motor** and motorcycle racing there is the **Grand Prix circuit in Jerez** which hosts a number of important international

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